

WORKBOOK

# THINK TWICE

### The risks of online intimacy

**THINK TWICE WORKBOOK** 



Digital Security **Progress. Protected.** 

# THINK YOU KNOW ABOUT SEXTING?

SHARING YOUR OWN INTIMATE PHOTOS, VIDEOS, OR MESSAGES IN THE DIGITAL SPACE IS KNOWN AS 'SEXTING'. WHILST IT CAN BE AN INNOCENT PASTIME, LIKE ANY ONLINE BEHAVIOUR, IT COMES WITH RISKS. ONCE YOU PUT IT ON THE INTERNET, YOU CAN NEVER RELIABLY GET RID OF IT AGAIN.

LEARNING WHAT TO DO IF YOUR PHOTOS GET MISUSED, OR IF YOU RECEIVE UNWANTED SEXTS CAN HELP PROTECT YOU FROM BEING HARMED OR NEGATIVELY IMPACTED FURTHER DOWN THE LINE. USE THE THINK TWICE WEBSITE TO FILL IN THIS WORKSHEET AND FIND OUT WHAT YOU CAN DO TO ENSURE YOU STAY SAFE ONLINE.



THINK TWICE WORKBOOK

<b>01.</b>	WHAT SHOULD I THINK ABOUT BEFORE
	SENDING AN INTIMATE PHOTO?



### WHAT SHOULD I DO IF I SHARE AN INTIMATE PHOTO I NOW REGRET?



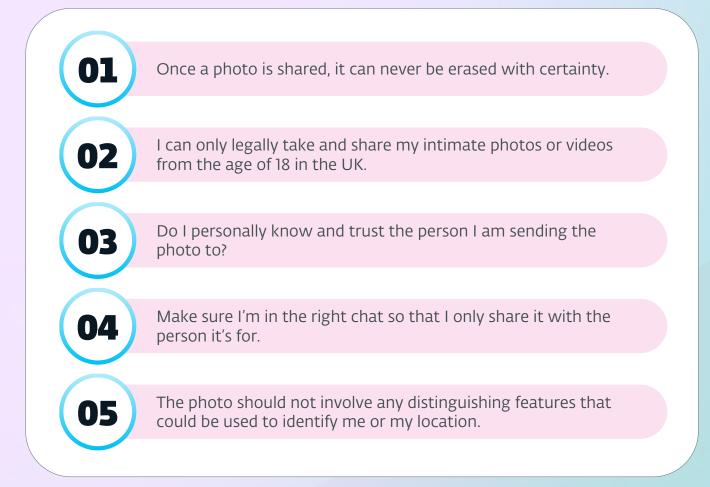
5-	WHAT SHOULD I DO IF SOMEONE
131	HAS MISUSED MY PHOTO?



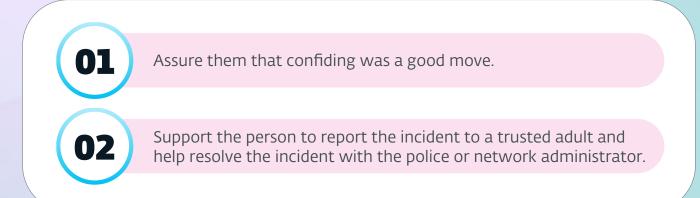
### HOW CAN I HELP A FRIEND OR PARTNER IF THEIR PHOTO HAS BEEN MISUSED?

# SEXTING SUPPORT AND ADVICE

#### WHAT SHOULD I THINK ABOUT BEFORE SENDING AN INTIMATE PHOTO?

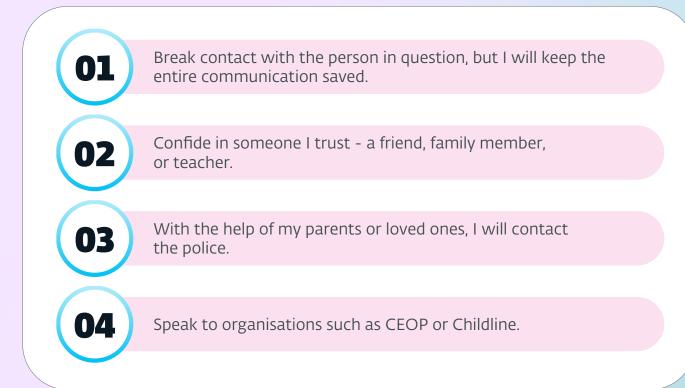


#### HOW CAN I HELP A FRIEND OR PARTNER IF THEIR PHOTO HAS BEEN MISUSED?

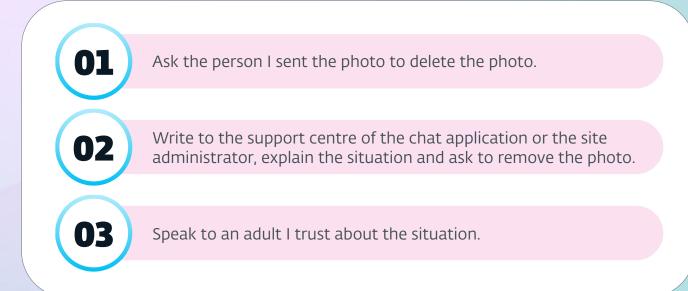


# SEXTING SUPPORT AND ADVICE

#### WHAT SHOULD I DO IF SOMEONE HAS MISUSED MY PHOTO?



#### WHAT SHOULD I DO IF I SHARE AN INTIMATE PHOTO I NOW REGRET?





Digital Security **Progress. Protected.** 

If you found this informative useful, go to **www.eset.com/uk/thinktwice** to find more.